

What others have said about: **The Girl on the 6th Floor**

This is the first book I've read on the topic of encephalitis which is written from the perspective of a family member-caregiver...and it's excellent. Author Brian Nichols openly expresses the struggles and frustrations in dealing with his daughter's illness... a type of auto-immune encephalitis first identified in 2007.

The Nichols family and friends are a clear and beautiful demonstration of participatory medicine...a collaborative relationship where those closest to the patient team up with medical professionals and take a very active role in decisions and care of their loved one.

The author expresses situations so very clearly. His intimate sharing of the "hurry up and wait" frustrations experienced in an illness such as this draws the reader in to feel like a participant. The strength, stamina and perseverance of the caregivers in this book show the public exactly what it takes when a loved-one is touched by encephalitis.

I do highly recommend this book for anyone touched by auto-immune encephalitis...loved ones, caregivers and medical professionals.

Wendy Station, President
Encephalitis Global, Inc.



“...The book expresses such a myriad of emotions: love, fear, frustration, helplessness, hopefulness, protectiveness and trust, and at times such joy! All of these things were woven together to captivate the reader with a story they will find hard to put down. This book is an absolutely beautiful love story that is full of hope...that no matter how many curve balls are tossed to a family...as long as they cling tight to each other they will get it through it.”

“The Girl on the 6th Floor is a haunting story of a young woman that went through hell...Written from her father's perspective, The Girl on the 6th Floor will inspire you with its gut-wrenching honesty and triumph in the face of overwhelming odds.”

“This book would be very, very helpful for anyone dealing with a family member with a medical condition. You are not alone, there are others out there who have been through hell and back.”

“...so well written and entertaining... I have felt frustration, sadness, joy and every other emotion I can think of...Brian’s style of writing is very easy to read and his sense of humor comes thru with every chapter.”

“Buy it, read it and give your kids a hug.”

“See what a family goes through as someone they love goes through the horror of a rare and indescribable illness”

“...this book...it is an unbelievable page turner.”

“The amount of detail, recollection, and documentations in this book is unbelievable.”

“...I found myself tearing up almost every page either from complete sadness or joy from improvement.”

“Literally in tears by the end of the book and really not much else I can say.”

“I’ve read a few biographies and auto-biographies which focus on the topic of encephalitis, and (*Brian’s*) book is the first I’ve read which speaks in plain English, sharing details about interaction with medical professionals with honesty. He neither puts them on pedestals nor stomps them. He treats them as humans who were part of Jenny’s team.... Each team member sharing their expertise.”

“...it is also great that it is not too medically based...”

“This daily account of one girl’s battle with a newly identified disease, anti-NMDA Receptor Encephalitis, is a guided tour to hell and back from the perspective of the caregiver who can only look on helplessly. Brian Nichols’ account is a resounding success and gives voice to all who have made this journey with a loved one.”

“I loved every page, every part of this book. Even though it was long, I had a hard time putting it down...Thank you for sharing your journey through this book.”

“Very compelling story...”

“A father writing from the parents "worst nightmare" perspective, well written and tugs at the heartstrings...”

“Great book, with raw emotion. Easy read.”

“This book is an enlightening personal experience of a child with such a rare disease. Brian Nichols did a wonderful job of sharing personal experiences of Jenny's nightmarish disease in order to save others from having to go through this...”